

WILD ABOUT HALIBUT

Use the following infographics to answer the questions

- Flat Out Facts
- Managing & Monitoring
- Environmental Footprint
- Serving & Preparation
- Health & Wellness

www.wildpacifichalibut.com/infographics



NAME: _____



1. FLAT OUT FACTS

Why is it important that the wild Pacific halibut fishery is sustainable?

How are First Nations involved in the wild Pacific halibut fishery?

2. MANAGING AND MONITORING

Why is halibut fishing closed in the winter?

Give three examples of how the wild Pacific halibut industry is monitored.

#1.

#2.

#3.

3. ENVIRONMENTAL FOOTPRINT

Why does halibut as a fish have a low environmental footprint?

Fishermen do not have to race to catch halibut, and the number of fishing boats adjusts to match the available harvest. How does this help the environment?



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4. SERVING AND PREPARATION

Describe the taste of halibut:

Describe the texture of halibut:

Why should you eat and cook wild Pacific halibut? Share your reasons!

5. HEALTH AND WELLNESS

Fill in the blank: Health Canada recommends eating at least _____ servings of fish per week.

Health Canada advises that fish can be part of a healthy eating pattern and provides many benefits for overall well-being. Name three benefits of eating fish on a regular basis.

#1.

#2.

#3.