Your Fruits and Vedetables

INTERMEDIATE

Strawberries

THE STRAWBERRIES YOU ARE EATING TODAY WERE GROWN ON A BC FARM. MOST OF THE FARMS IN BC ARE FAMILY-RUN AND HAVE BEEN IN THE BUSINESS OF GROWING AND SELLING-FOOD CROPS FOR GENERATIONS. THESE FAMILIES HELP TO FEED YOUR FAMILIES.

MEET THE KRAUSE FAMILY OF SOUTH ALDER FARM...

Our family farm is in the heart of the Fraser Valley in Aldergrove, BC, where we grow and harvest over 1,000 acres of berries every year – that adds up to over 5 million kg. Our main crops are blueberries, raspberries and blackberries – and of course, strawberries.

Summer, when harvest is in full gear, is our busiest season. Not only do we work



The Krause family of farmers – youngest to oldest!

from dusk to dawn harvesting our berries for stores, markets and processors, we have visitors arriving bright and early to our u-pick fields. Strawberries are our first crop. A few years ago, our strawberry season lasted for just three weeks, starting in June. Now, it extends to the end of September for an entire summer of fresh, sweet strawberries. What changed? Like many BC berry farmers, we've extended our season by growing two types of strawberries: June-bearing and Everbearing.

JUNE-BEARING VARIETIES produce one crop a year, in early summer. The plants reproduce quickly by sending out a lot of runners – these are branches that shoot out from the roots to become new, 'daughter plants'. We pinch them off so that the 'mother' plant can concentrate its energy on producing fruit. June-bearers give us lots of berries all at once, but the season is short.

EVERBEARING VARIETIES have a much longer season. These are 'day-neutral' plants. That means they don't respond to changes in sunlight and day length. They flower and start producing fruit in early summer, and then continue through to the fall until it gets too cold. If you're enjoying a local strawberry in the late summer, it's one of the everbearing varieties.

Strawberry plants only produce fruit for a few seasons. After two or three seasons we pull the plants out of the fields in the fall, and replace them with new ones the following spring.

Photos courtesy of South Alder Farms Ltd.

Once picked, strawberries start to lose their sweetness. We shipped the strawberries you're eating today directly from our farm to your school so that you can taste that just-picked freshness. That's the next best thing to coming out to our farm and hand-picking them yourselves.

A LONGER GROWING SEASON ON OUR FARM MEANS MORE FRESH LOCAL STRAWBERRIES FOR YOU!

aitc.ca/bc

WILD ABOUT STRAWBERRRIES

3 native species of WILD STRAWBERRIES in BC...

Wild Strawberry (Fragaria Virginiana) COASTAI Strawberry (Fragaria Chiloensis)

WOOd Strawberry (Fragaria Vesca)



WILD STTAMBETTIES GROW IN WOODLANDS, ROADSIDES **AND OPEN FIELDS** THROUGHOUT BC. LIKE MANY FRUITS, WILD STRAWBERRIES BELONG TO THE ROSE FAMILY OF PLANTS.

ALL GROUPS OF **BC FIRST NATIONS** PEOPLES KNEW AND ENJOYED WILD STRAWBERRIES. SOMETIMES THEY MIXED AND DRIED

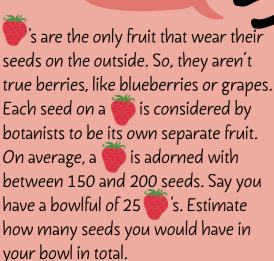
WILD FACTS...

STRAWBERRIES WITH OTHER BERRIES, OR MADE A MEDICINAL TEA (TO TREAT SORE THROATS) USING THE LEAVES, BUT MOSTLY THEY ENJOYED THEM FRESH OFF THE VINE.

COASTAL AND wild Strawberry. Early Settlers took these delicious New World Wild Fruits Back to Europe with them and planted them. Once grown together, they formed a natural hybrid. Much larger, and more productive, with the same sweet flavour of both of its wild parent plants, this new berry was soon cultivated around the world, and eventually returned to canada.

CULTIVATED STRAWBERRIES ARE NOW GROWN IN EVERY PROVINCE IN CANADA AND THROUGHOUT BC, FROM THE **PEACE RIVET area** to **southern BC** and **vancouver island**. Most commercial growers, like south alder farms, are in the rich, fertile **Fraser valley** where the weather is moderated by the **Pacific Ocean**.

DO THE MATH...



South Alder Farms harvests over 1,000 acres of berries every year for a total of @ 5 million kg. How many kg of berries does 1 acre produce each year?

With 6 acres planted with "s, @ how many kg of berries would they produce? _____

