



Recipe Name:

Fruits & Veggies Slushie Mix Cheese

School:

WINDERMERE SECONDARY SCHOOL

Chef:

Shirley C Wong

INGREDIENTS:

1 kg Crushed Asst. Fruits & Veggies

(Cranberries, Beets ~ provides good colour!)

250g Sugar

500g Water

Method:

- ~ Mix together in a blender.
- ~ Pour into slushie machine to freeze.
- ~ Serve & Enjoy!

